



SHINE A LIGHT ON THE
YOUTH VAPING EPIDEMIC!

FREE

Parent/Caregiver 1-hour Virtual Workshop

CATCH[®] MY BREATH

Speakers

**Bronte
Walsh**

Prevention Coordinator

**Sharon
Williams**

Prevention Specialist

3 Different Dates & Times

Wednesday, May 7th from 12 PM - 1 PM

Monday, May 12th from 9 AM - 10 AM

Wednesday, May 14th from 4 PM - 5 PM

The workshop will provide parents with the latest information on:

- The toxic ingredients in vapes and how vapes work
- How to spot a vape
- Short and Long-term negative health, legal, social, and emotional consequences of vaping
- spot the signs and symptoms of vaping
- understanding the youth vaping epidemic
- how to effectively talk with your child about vaping
- ways to engage in the community to help stop underage vaping

Free Entry

Register to attend via
link or QR code

<https://www.surveymonkey.com/r/ParentVapeWorkshop>



For more information, please contact Bronte Walsh bronte.walsh@westcare.com